

November

Men's Breakfast--Every Wednesday 7:10 AM Meet at the Cactus Cafe (218 W Cedar Street)

Women's Aerobic Exercise Group--Every Monday, Wednesday and Friday 6:50 PM; every Tuesday and Thursday 6:00 PM at Clubhouse

Ladies Canasta--Every Monday 1:00 PM - 4:00 PM at Clubhouse

Saturday Coffee--Every Saturday 9:00 AM at Clubhouse **Volunteers needed** to pick-up refreshments and make coffee (Please sign up on the calendar in the Clubhouse to host a future Saturday Coffee)

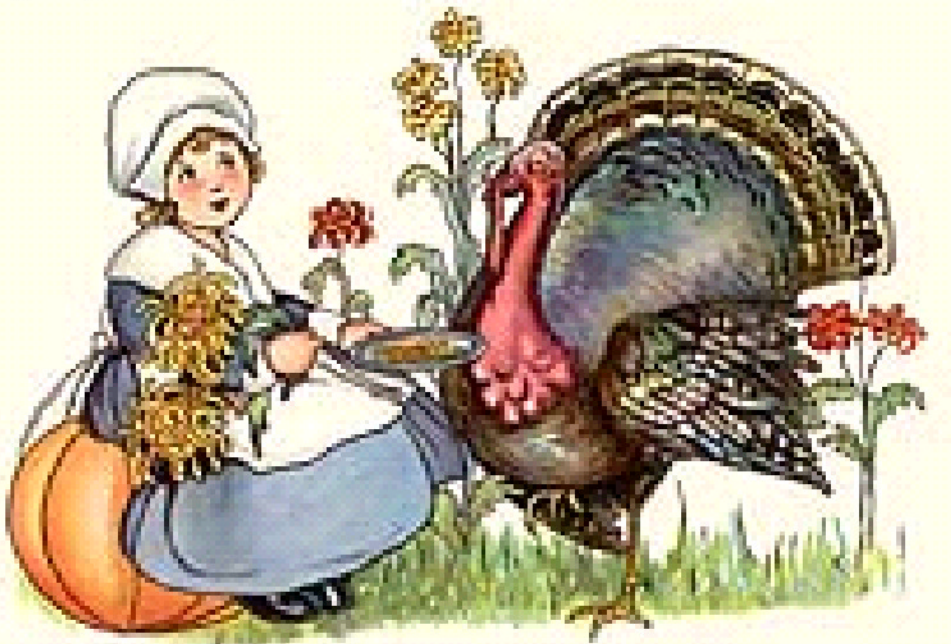
MONTHLY EVENTS

Cards And Games--Saturday November 3rd 6:30 PM at Clubhouse

Activities Committee Meeting--Tuesday November 13th 7:00 PM at Clubhouse

Reader's Group--Wednesday November 28th Book to be discussed will be "Sounds of the River" by Da Chen Everyone is welcome! For information call Janet Secor or Eve Meyer

Ladies Luncheon--Thursday November 1st 1:30 PM Sunrise Kitchen This will be a Dessert Extravaganza--coffee and dessert gathering. We are asking everyone to bring a new neighbor to the gathering. Contact Kathleen Elmore if you need a ride 546-0397 Sign-up sheet posted in the Clubhouse



A Meaning (that you won't see in theaters)--Sunday November 11th 7:00 PM Clubhouse Movie will be "Lighten UP!" This movie will be of a lighter nature. After looking at issues such as forgiveness, homelessness and the pursuit of happiness the last few months, November's offering will be just for fun. Debbie will choose several short films which will still have a message, but also give us some laughs. Please join us!